

# THE ULTIMATE BLS FIELD GUIDE INFOGRAPHIC

911



Basic life support (BLS) skills can make the difference between life and death for a patient. A BLS field guide and summary sheet are essential for preparing responders for any resuscitation event.



## BLS Core Components

The two primary components of BLS are **cardiopulmonary resuscitation (CPR)** and automated external **defibrillator (AED)** use.



## 3 Steps of CPR

CPR involves a series of chest compressions and ventilation. To administer CPR, follow the **3 steps of CAB**:

1. Deliver **chest** compressions, using quick, firm motions
2. Open the **airway** by tilting the head and lifting the chin
3. Administer **breaths** (mouth-to-mouth breathing)



## Steps for AED Use

An AED is an effective and relatively simple device to use in the event of cardiac arrest. **To operate an AED, follow these steps:**



Activate the device immediately

Place pads on upper right and lower left sides of chest

Wait for the AED to analyze victim's heart rhythm

Follow prompts from device to shock or not to shock

Continue to monitor victim's heart rhythm

Follow additional prompts from the device

## What does Cardiac Arrest Look Like?

**Common signs of cardiac arrest include:**

- Sudden loss of consciousness
- Gasp for air or not breathing at all
- No response to shaking or shouting
- No pulse detected within 10 seconds



## Assessing the Situation and the Patient

**When you encounter a person in need of assistance:**



Confirm the scene is safe before approaching the victim. If it is not, call 911 from a safe location

Activate the emergency response system and/or call 911 to get help on the scene.

If another responder is present, send them to retrieve an AED if one is available.

Check whether the patient is breathing by looking for a rise and fall on the chest.

Check for a pulse at the carotid artery on the neck (adults and children) or the brachial artery on the upper arm (infants).

# Bls Training Manual

**Shelley Cobbett**



## **Bls Training Manual:**

*Basic Life Support (BLS) Provider Handbook* Karl Disque, 2016-11-14 The Save a Life Initiative has just released its newest course Basic Life Support This manual is based on the 2015 2020 Basic Life Support guidelines published by the American Heart Association The Basic Life Support BLS Provider Handbook is a comprehensive resource intended for health care professionals currently enrolled in a Basic Life Support Certification or Recertification Course It serves as the primary training material for BLS Certification and Recertification courses Although it is primarily intended for professionals to use during their courses the handbook was also created to serve as daily resource material for health care professionals Information covered in the handbook includes Basic Life Support instruction for adults and children AED usage airway obstruction and rescue breathing techniques and more Specific Algorithms for BLS and more are also included within the handbook All material included in this handbook is delivered in a manner meant to enhance learning in the most comprehensive and convenient way possible [BLS for Healthcare Providers](#) American Heart Association, 2001 Demonstrates proper CPR technique for adults infants and children *Perry & Potter's Canadian Clinical Nursing Skills and Techniques- E-Book* Shelley Cobbett, 2023-11-10 Perry Potter s Canadian Clinical Nursing Skills and Techniques 2nd Edition helps equip you with the skills you need to successfully care for patients within the Canadian social and institutional context Offering comprehensive coverage of more than 200 basic intermediate and advanced skills this textbook features nearly 1 000 full colour photographs and illustrations a nursing process framework step by step instructions with rationales and a focus on critical thinking and evidence informed practice New to this edition are unit openers safety alerts documentation examples COVID 19 precautions and protocols and case studies and questions for the Next Generation NCLEX **Monthly Catalog of United States Government Publications** ,1979 **BLS Provider Manual 2025-2026** Pedro C White, 2025-08-24 Your Ultimate Resource for BLS Certification and Emergency Response Success Are you ready to master Basic Life Support BLS and become a confident responder in emergency situations This comprehensive manual is designed to help you pass the BLS certification exam and develop the skills and knowledge needed to respond effectively in real world emergencies What You ll Get Complete Certification Coverage Master adult child and infant CPR AED operation rescue breathing choking relief team dynamics and BLS for special populations 700 Practice Questions Scenario based practice questions that simulate real world emergencies and challenge your clinical decision making skills Aligned with Latest Guidelines Fully updated with the latest 2025 American Heart Association AHA ILCOR and NREMT guidelines and recommendations Scenario Based Learning Learn how to interpret real world BLS scenarios eliminate distractors and choose the right intervention under pressure Time Saving Test Prep Strategies Expert tips for managing exam time conquering nerves and passing your hands on skills evaluation Why Choose This Manual Comprehensive Coverage In depth review of BLS topics including CPR AED and relief of choking Real World Application Gain confidence in responding to emergencies in

various settings from homes and schools to clinics and disasters Expert Guidance Tips and strategies from experienced professionals in the field Take Control of Your Training With its comprehensive coverage practice questions and scenario based learning approach this manual is your ultimate resource for acing the BLS certification exam and becoming a confident responder in emergency situations Don't just get certified get prepared get empowered and take control of your training and response skills

**Monthly Catalogue, United States Public Documents**, 1979 **Textbook of Adult Emergency Medicine E-Book** Peter Cameron, Mark Little, Biswadev Mitra, Conor Deasy, 2019-05-23 Since the first edition of Textbook of Adult Emergency Medicine was published twenty years ago there has been enormous change in the way emergency care is delivered This has occurred both in countries where emergency medicine was originally developed and in those where its application was limited because of cost Emergency medicine is now perceived as the cornerstone of response to acute illness regardless of resources This fully revised Fifth Edition provides clear and consistent coverage of this constantly evolving specialty Building on the success of previous editions it covers all the major topics relevant to the practice of emergency medicine The book will prove invaluable to professionals working in this setting including nurse specialists and paramedics who require concise highly practical guidance incorporating the latest best practice and evidence based guidelines This edition comes with an enhanced electronic version with video and self assessment content providing a richer learning experience and making rapid reference easier than ever before anytime anywhere A comprehensive textbook of adult emergency medicine for trainee doctors covers all the problems likely to present to a trainee in the emergency department Chapters are highly readable and concise boxes summarise chapter key points and highlight controversial areas of treatment The content is highly practical clinically orientated and thoroughly updated in all the core subjects There have been major updates in topics such as airway shock and sepsis where guidelines have changed rapidly The imaging chapters have also evolved with changing practice and improved technology to be concordant with evidence on the importance of image interpretation by emergency clinicians There are major sections on other skills and issues of key importance to today's advanced emergency medicine practitioner such as staffing overcrowding triage patient safety and quality measures In addition difficult topics such as death and dying the challenging patient ethics giving evidence and domestic violence are covered Governance training research and organisational subjects such as disaster planning and response humanitarian emergencies and refugee medicine are included to give the reader a framework to understand the complexity of managing major emergency systems of care

Clinic Procedure Reference Manual University of Michigan. School of Dentistry, 1997  
BLS for Healthcare Providers, 2006 **Resources in Education**, 1973 **The Librarian and Book World**, 1929  
*Monthly Catalog of United States Government Publications*, 1979 **Biennial Report of the Superintendent of Public Instruction of the State of Illinois** Illinois. Office of the Superintendent of Public Instruction, 1904 *BLS Providers Manual 2026-2027* Edward B Pinker, 2025-12-19 Your Ultimate Guide to Mastering Basic Life Support Are you

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Register of New York State Library School, January 5, 1887-December 31, 1921 ... New York State Library. School,1928

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