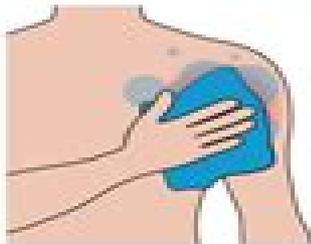


TENS Unit Instructions

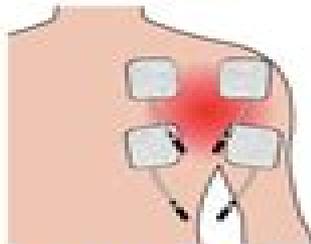
1. Identify your pain area



2. Clean the target area with soap and water and dry after



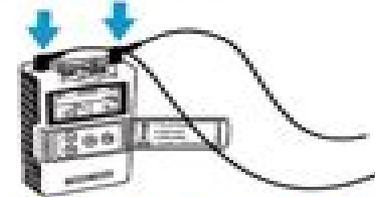
3. Place electrodes around the target area, at least 1" apart



4. Connect your lead wires to each pad



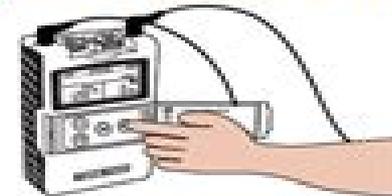
5. Connect each lead wire to the device



6. Turn the device on at its lowest intensity level



7. Choose your desired settings



8. Turn the intensity level up until pain stops



9. If pain returns during treatment, intensity level may need to be increased

An Easy Guide To Tens Pain Relief

R Barnett

A decorative graphic element consisting of a horizontal light blue bar with a rounded right end, overlapping a red circular gradient shape.

An Easy Guide To Tens Pain Relief:

Unveiling the Energy of Verbal Artistry: An Emotional Sojourn through **An Easy Guide To Tens Pain Relief**

In some sort of inundated with monitors and the cacophony of fast transmission, the profound energy and mental resonance of verbal artistry often diminish into obscurity, eclipsed by the continuous assault of sound and distractions. Yet, located within the lyrical pages of **An Easy Guide To Tens Pain Relief**, a fascinating work of fictional splendor that pulses with raw emotions, lies an remarkable trip waiting to be embarked upon. Penned with a virtuoso wordsmith, this exciting opus courses viewers on an emotional odyssey, gently revealing the latent possible and profound affect embedded within the intricate internet of language. Within the heart-wrenching expanse of the evocative examination, we will embark upon an introspective exploration of the book is central subjects, dissect their captivating publishing type, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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