

Chapter 30: Hematologic Problems
Lewis: Medical-Surgical Nursing, 10th Edition

MULTIPLE CHOICE

1. A 62-year old man with chronic anemia is experiencing increased fatigue and occasional palpitations at rest. The nurse would expect the patient's laboratory test findings to include
- an RBC count of 4,500,000/ μ L.
 - a hematocrit (Hct) value of 38%.
 - normal red blood cell (RBC) indices.
 - a hemoglobin (Hgb) of 8.6 g/dL (86 g/L).

ANS: D

The patient's clinical manifestations indicate moderate anemia, which is consistent with a Hgb of 6 to 10 g/dL. The other values are all within the range of normal.

DIF: Cognitive Level: Understand (comprehension) **REF:** 607
TOP: Nursing Process: Assessment **MSC:** NCLEX: Physiological Integrity

2. Which menu choice indicates that the patient understands the nurse's teaching about recommended dietary choices for iron-deficiency anemia?
- Omelet and whole wheat toast
 - Cantaloupe and cottage cheese
 - Strawberry and banana fruit plate
 - Commeal muffin and orange juice

ANS: A

Eggs and whole grain breads are high in iron. The other choices are appropriate for other nutritional deficiencies but are not the best choice for a patient with iron-deficiency anemia.

DIF: Cognitive Level: Apply (application) **REF:** 610
TOP: Nursing Process: Evaluation **MSC:** NCLEX: Physiological Integrity

3. A patient who is receiving methotrexate for severe rheumatoid arthritis develops a megaloblastic anemia. The nurse will anticipate teaching the patient about increasing oral intake of
- iron.
 - folic acid.
 - cobalamin (vitamin B₁₂).
 - ascorbic acid (vitamin C).

ANS: B

Methotrexate use can lead to folic acid deficiency. Supplementation with oral folic acid supplements is the usual treatment. The other nutrients would not correct folic acid deficiency, although they would be used to treat other types of anemia.

DIF: Cognitive Level: Apply (application) **REF:** 612
TOP: Nursing Process: Planning **MSC:** NCLEX: Physiological Integrity

4. A 52-yr-old patient has a new diagnosis of pernicious anemia. The nurse determines that the patient understands the teaching about the disorder when the patient states,
- "I need to start eating more red meat and liver."
 - "I will stop having a glass of wine with dinner."
 - "I could choose nasal spray rather than injections of vitamin B₁₂."
 - "I will need to take a proton pump inhibitor such as omeprazole (Prilosec)."

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RC Schank



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