

# Behavioural Psychology: Assignment 1

## Chapter 1:

- 3- *Distinguish between overt and covert behaviours. (give two examples of each)*
- Overt behaviours are behaviours that can be observed and recorded by an individual other than the one performing the behaviour. (Examples: writing and yawning)
  - Covert behaviours are activities that occur "within one's skin" and that therefore require special instruments or procedures for others to observe. (Examples: a person who sits in their room feeling depressed, or someone on a bus thinking about what they are going to do about the upcoming exam).
- 7- *What are two positive reasons that summary terms or behaviour patterns are used frequently in psychology and in everyday life?*
- They may be useful for quickly providing general information about how an individual might perform.
  - The labels may imply that a particular treatment program will be helpful.
- 8- *What are two disadvantages of using summary labels to refer to individuals or their actions? (Give an example of each)*
- They may lead to pseudo-explanations (fake explanations) of behaviour (example: a child who invents words while reading, such as "saw" for "was" might be labelled dyslexic).
  - Labels can negatively affect the way an individual might be treated such as by focusing on an individual's problem behaviours rather than strengths (example: a teenager consistently fails to make his bed, but reliably mows the lawn and places the garbage cans on the street on pickup days. If the parent describes their son as "lazy" that label may cause them to focus more on the problem behaviours than to praise the positive behaviour).
- 13- *What are stimuli? (describe two examples)*
- Stimuli are the people, objects, and events currently present in one's surroundings that impinge on one's sense receptors and that can affect behaviour. (if a person hits a man and causes him to act aggressively towards them I return, a person throws a baseball at you (the batter) and you hit it out of the park)

# Adlc Personal Psychology Assignment Answers

**Siddappa N.Byrareddy**



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## **Adlc Personal Psychology Assignment Answers** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has are more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Adlc Personal Psychology Assignment Answers**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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