

Developmental Aspects of the Muscular System

- Embryonic Development: Maturation of Muscle Control
 - □ Cephalic to caudal direction.
 - □ Proximal to distal direction- gross motor skills first and fine motor skills last
- Aging Effects:
 - Hypertrophy- increase in connective tissue
 - Atrophy- decrease in muscle tissue
 - Muscles become stringier, more sinewy
 - There is also decrease in muscle strength

Development Aspects Of The Muscular System Key

Zhe Xu



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